Easter Nests



INGREDIENTS

- 500 g plain flour
- 30 g fresh yeast
- 250 ml lukewarm milk
- 50 g butter
- One egg
- Pinch of salt
- 50 g castor sugar
- One egg yolk, beaten
- 18 eggs (hard-boiled)

DIRECTIONS

- 1. Sift flour into a bowl and form a well in the center.
- 2. Cream the yeast with a little milk then add the rest of the milk. Pour into the well and sprinkle over a little of the flour. Cover and leave to stand in a warm place for 15 mins, until it is frothy.
- 3. Melt the butter, beat with the egg, salt and sugar and work into the flour and yeast mixture to obtain a dry dough; make 50 g pieces and with floured hands form into balls.
- 4. Roll balls into 50 cm length, twist to form spirals, form into a circle and knot the ends (see picture).
- 5. Place the nests on a greased baking tray, brush with the beaten egg yolk and place one egg (still in shell) into the center of each nest.
- 6. Leave to stand for 10 mins.
- 7. Preheat the oven to moderately hot 200 degrees C and bake the Easter Nests for 15-20 mins (without the egg). After baking, decorate the (boiled) egg using watercolors, colored pencils, or felt-tip pens.